

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

# JUN

## MENU 2023

### GEAR UP FOR PUSH-UP CHALLENGE



### ANNOUNCEMENTS:

- June 5<sup>th</sup> – July 28<sup>th</sup>  
Closed July 4<sup>th</sup>
- Lunch may be picked up at the SISD Cafeteria from 11:00am-11:30am or at the Boys and Girls Club from 12:00pm-12:30pm each of the days listed above
- Children up to age 18 are eligible for lunch

5<sup>TH</sup>

Taco Snacks  
Pinto Beans  
Baby Carrots  
Applesauce

6<sup>TH</sup>

Chicken Smackers  
Mashed Potatoes  
Broccoli w/cheese  
Fruit Cups

7<sup>TH</sup>

Meatballs w/Spaghetti  
Sauce  
Butter Noodles  
Fruit

1<sup>ST</sup>

8<sup>TH</sup>

Cheese Nachos  
Refried Beans  
Sliced Cucumbers  
w/Ranch  
Fruit

2<sup>ND</sup>

9<sup>TH</sup>

Chicken Burger  
w/cheese  
Lettuce & Pickles  
Tater Tots  
Fruit

12<sup>TH</sup>

Chicken Spaghetti  
Broccoli w/cheese  
Baby Carrots w/Ranch  
Breadstick  
Fruit

13<sup>TH</sup>

Chicken Fajitas  
Refried Beans  
Spanish Rice  
Fruit

14<sup>TH</sup>

Chicken Fried Steak  
Mashed Potatoes  
Butter Carrots  
Fruit

15<sup>TH</sup>

Grilled Cheese  
Potato Cubes  
Baked Beans  
Fruit

16<sup>TH</sup>

Sausage  
Macaroni & Cheese  
Green Beans  
Fruit

19<sup>TH</sup>

Soft Tacos  
Lettuce, Cheese, Sour  
Cream  
Pinto Beans  
Fruit

20<sup>TH</sup>

Mesquite Chicken  
Mashed Potatoes  
Carrots w/Ranch  
Fruit

21<sup>ST</sup>

Turkey Sandwich  
w/Chips  
Cucumbers w/Ranch  
Sliced Apples

22<sup>ND</sup>

Pizza Lunchable  
Veggies w/Ranch  
Grapes

23<sup>RD</sup>

Hot Dogs  
Potato Cubes  
Baked Beans  
Fruit

26<sup>TH</sup>

Tamales  
Beans  
Rice  
Fruit

27<sup>TH</sup>

Lasagna  
Corn  
Breadstick  
Fruit

28<sup>TH</sup>

Pizza  
Cucumbers w/Ranch  
Fruit

29<sup>TH</sup>

Chicken Sandwich  
Lettuce, Tomato, Pickles  
Tater Tots  
Fruit

30<sup>TH</sup>

Steak Fingers  
Macaroni & Cheese  
Green Beans  
Fruit



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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[www.SquareMeals.org](http://www.SquareMeals.org)